



Scottish Outdoor Club

Information for Visitors to our

Naturist Club at Inchmurrin

2017

- **Club facilities**
- **Accommodation**
- **2017 events Calendar**
- **Exploring Inchmurrin**
- **Activities for Children**
- **What to bring**
- **Prices**
- **How to book**
- **Ferry times**
- **Membership**

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www.scotnaturist.freeservers.com



About the Scottish Outdoor Club

Established in 1938, the [Scottish Outdoor Club](#) is a family naturist club, which in addition to the seasonal site at Inchmurrin, also organises [Glasgow Continental](#) - Scotland's Weekly Skinny Swim, Turkish and Sauna every Sunday evening at the [Arlington Baths](#).

For updates on the Club's activities like and follow us on [Facebook](#) or follow us on [Twitter](#).

The club offers existing naturists and those interested in experiencing a clothes free lifestyle, the opportunity to visit Elstree, our stunningly located 11 acre naturist club at [Inchmurrin](#), Loch Lomond.

The site is open April to September. Visitors have the use of all the club's facilities including lounge with open fire, self-catering kitchen, BBQ area, wood burning sauna, hot showers, miniten court and table tennis. You can also sunbathe or swim in the loch. Do take care and please do not swim in the loch alone.

See the programme for details of special events and socials.

Accommodation in the club house consists of one double / family room and a second room with single beds. Some guests may be accommodated in chalets. Competitively priced camping pitches are available.

Clothed exploration of the rest of the island is possible. It boasts wonderful panoramas, a network of paths, shingle strands, woodland, the ruins of [Lennox Castle](#), and licensed [hotel with bar and restaurant](#).

Accompanied children are welcome and stay free. The site offers the freedom for outdoor play, to discover and enjoy the natural world as well as take part in social and sporting activities. Research shows that social nudity has a positive influence on the development of children's body image and the openness of their relationships with their parents. During event weekends there may be activities for accompanied children such as arts and crafts, bubble making and games.

We particularly welcome young adults to visit and apply to join the Club and offer a discounted associate membership to under 26s.

Visits are possible most weekends during the season. If you have any questions, or wish to book, please do not hesitate to [contact us](#).

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2017 Programme

- 1 April** **Season Opens**
- 14-16 April** **Easter Weekend**
Saturday evening Easter themed social
- 21-23 April** **Working Weekend**
Free accommodation for non-members working
- 19-21 May** **Open Day / Weekend**
Extra ferries on Saturday and Sunday Tai Chi Workshop
Saturday night meal Half-price accommodation offer
- 2-4 June** **Welcoming Women**
Free accommodation for women attending
male friends & partners welcome (usual prices)
- 23-25 June** **Music Weekend**
Saturday night social with Scottish music and dance
Free camping for musicians and singers
- 28-30 July** **Sports Weekend**
Glasgow Continental SwimCard holders and other guests are invited for a
sports weekend while the Arlington Baths are closed
Saturday evening BBQ & toga party Half-price accommodation offer
- 18-20 Aug** **Mind and Body**
A weekend of yoga, conscious dance and life drawing
Details to be confirmed
- 29 Sept - 1 Oct** **Closing Weekend**
Remember [Glasgow Continental](#) runs during the Winter
at the Arlington Baths

For more information about the events or to arrange a visit another weekend, do not hesitate to [visit our website](#) or [email the secretary](#)

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Useful Information

There are no shops on the island and the hotel is some walk away. You should therefore bring food for your stay. The self-catering kitchen is equipped with cooker, microwave and fridge. Sometimes an evening meal or BBQ is offered on a Saturday night for a fixed price. Please enquire and advise of any dietary requirements when [booking](#).

Our water supply is from a spring and the water needs to be boiled before drinking. Therefore we recommend bringing some bottled water as well as any soft / alcoholic drinks you would like.

Bring warm waterproof clothing for the ferry as well as footwear for around the site as it can be muddy after heavy rain. Also 2 towels (one for sitting on, the other for showering or swimming), toiletries and any medicines. Don't forget sun screen, sun hat and insect repellent.

You can be nude at any time within the grounds, but do come prepared to dress for the weather. Please be clothed to explore the rest of the island and take a towel with you to the beach. We understand that people new to social nudity will wish to progress at their own pace.

[Balmaha](#) is served by the [309 bus](#) from Balloch and Alexandria. Cars can be parked at the [boatyard](#). We start to gather at [The Oak Tree Inn](#) from 5pm on a Friday evening and walk down to the boatyard at 6.30pm. The ferry departs Balmaha 7pm on Fridays and returns 6pm on Sunday.

May to September, the 11.30am Saturday [mail boat](#) may make a request stop at the Elstree jetty. You pay your fare at the Club not on the ferry.

Prices: £12 pp or per tent pn / Kids FREE; Return ferry fare £10 / £4.50

Booking is essential [by email](#) for all visits

New membership enquiries are periodically invited from people who have visited the club at least twice.

Full members of the Club are able to visit at any time (subject to transportation, weather etc.). Associate membership is also available for a fixed period to provide an affordable entry level to the club.

Prices* per unit - single person, couple, family (inc. children to age 26)
Full membership £230; Associate £115; Associate U26 £60 (all pa)
*Vehicle fund contribution also payable. Associate membership available for first 2 years only. Associate members limited to 12 overnights pa.

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